

.....

CLEAR THINKING

from Uncommon Knowledge

.....

Psychology for success, health and happiness
July 2004
Sent only to subscribers

.....

In this month's Clear Thinking...

- 1: New Article: Self discipline and lions
- 2: Myth Buster: Money makes you happy
- 3: Book Review: Status Anxiety

.....

Hi

For anyone who has ever wondered why people behave so strangely sometimes, Alain de Botton may be able to shed some light - see this issue's review of 'Status Anxiety'. He may not have 'all the answers', but he seems to have some!

Why not take 5 minutes out and really enjoy reading July's Clear Thinking? After all, it's only 5 minutes, and we think you'll enjoy it! ;-)

Best Wishes

Roger Elliott & Mark Tyrrell
Uncommon Knowledge Ltd

:: :: :: :: :: :: :: :: :: :: :: :: :: :: :: :: ::

- 1: New article: Self discipline and lions

There is an old story about a man who went to a tattooist because he had always wanted a tattoo of a lion on his back.

The tattooist started to sketch the tail into the man's torso: 'Ouch! What are you doing?' asked the man. 'I'm doing the lion's tail' replied the tattooist. 'Well then for goodness sake let's have a lion without a tail!' said the man, wincing in pain.

Next the artist set about on the lion's whiskers. 'Ouch!' cried the man, 'What's that?' 'The whiskers!' said the tattooist, getting increasingly irritated. 'Well let's have a lion without whiskers!' moaned his customer.

The tattooist then set about doing the Lion's back. 'No that hurts too!' shouted the man. At this, the tattooist finally lost patience. Throwing down his tools and the man out of his shop he shouted...

Read more...

<http://www.uncommon-knowledge.co.uk/self-discipline.html>

:: :: :: :: :: Advertisement :: :: :: :: ::

*** Overcome Procrastination Download ***

Put all those 'I must do that' tasks behind you...

http://www.hypnosisdownloads.com/downloads/personal_development/overcoming_procrastination.html

:: :: :: :: :: :: :: :: :: :: :: :: :: :: ::

2: Myth Buster: 'Money makes you happy'

A new book from Tim Kasser - The High Price of Materialism - argues (with sound backing from research) that the pursuit of materialistic values emerges from unmet needs for security and safety. Although we may tell ourselves that earning more will make us happier, Kasser argues that in reality we do it to feel less insecure.

This concurs with the theory that the increase in depression is due, in part at least, to the breakdown

