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## CLEAR THINKING

from Uncommon Knowledge

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Psychology for success, health and happiness

October 2007

Sent only to subscribers

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In this month's Clear Thinking...

1: Master Series: Hypnosis and self-confidence

2: Review: Why Freud Was Wrong

3: Inspiring Quote:

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\* Learn (live online) how to lift depression quickly \*

You may know that Uncommon Knowledge created the Depression Learning Path six years ago, since when over 3 million people have used it.

You may also know that we teach therapists how to treat depression quickly and to enjoy doing it (yes, really!).

Now you can learn this uniquely clarifying and effective approach online in live teleclasses and forums.

It starts Wednesday 17th October so there's no time to delay:

<http://www.uncommon-knowledge.co.uk/training/online/depression.html>

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Dear Subscriber

We are hugely excited about having TWO online courses running side by side in the next few weeks. By the time you get this newsletter, the Hypnosis Unwrapped course will already be under way.

But even if you've missed the boat for that one, there is still time to sign up for our How to Lift Depression Quickly online course - it doesn't start until 17 October, and there are still a couple of places available (we only take 25 people on each course).

PLUS, if you have trained with us before, you can benefit from a generous 25% discount on the fee of £395, which means that you pay only £296.25 for all seven sessions. The complete package entitles you to attend the teleclasses, participate in the live interactive forums, and benefit from extensive support materials.

If you work with people who are depressed and sometimes find it tough going, this course will expand and improve your skills, and teach you some wonderful and highly effective techniques for lifting depression and making sure it doesn't return.

We've had some wonderful feedback from participants from previous online training courses.

For example, Dr. Kendra Pearsall, a Weight Loss Physician and Educator from Illinois, wrote to tell us:

"The Hypnosis Unwrapped Training course is an extremely beneficial course to learn the concepts of Ericksonian hypnosis. The training was very professional and engaging and will give you the confidence to use hypnosis not only with others but in your everyday speech to be a more persuasive communicator. I highly recommend it."

Anna D'Alessandro from Brighton wrote:

"I did not expect to enjoy this style of learning; over the phone, rather than face to face, but I soon found that I was able to concentrate better perhaps, than a classroom environment."

And we were delighted to hear this from Mark Pegler, a solicitor in Birmingham:

"In relation to the content and structure of the online course, I think it has been just brilliant and highly effective in facilitating my learning."

And remember, if you fancy really getting the lowdown on our Diploma Course, or anything else we do, you can come along to our Open Day on Tuesday 16th October between 10am-7pm. You can read more about it on this link:

<http://www.unk.com/open>

Oh, and, by the way, there's some good stuff below!

Enjoy Clear Thinking!

Roger Elliott & Mark Tyrrell  
Uncommon Knowledge Ltd

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Want to find out what we do in the 'real world'?

Come to an Uncommon Knowledge Hypnosis Workshop. These inspiring and instructive Workshops take place regularly in Brighton and in Richmond (London).

Put the dates in your calendar today!

London: 27 and 28 October

Brighton: 17 and 18 November

<http://www.uncommon-knowledge.co.uk/workshop/hypnosis/workshop.html>







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